



CHIEF:

Matt Kelm

CAPTAINS:

Charles Reale

Brad Eissler

# LONGPORT BEACH PATROL

*"A Tradition in Lifesaving"*

LIEUTENANTS:

Henry Eissler

Joseph Walsh

Eric Grimley

## Longport Beach Patrol Lifeguard Test 2020

- Date: June 13, 2020
- Place: 33<sup>rd</sup> Avenue beach, Longport, NJ.
- Time: 9:00AM start.

### Prerequisites:

- Be 16 by July 1, 2020
- Submit a completed application prior to the test (including waiver and physicians signature, available below).
  - [Longport Beach Patrol Web Page](#)
- Applications can be mailed to Borough Hall or may be submitted directly to Beach Patrol Headquarters, 33<sup>rd</sup> and Atlantic Avenue on the following dates:
  - May 30 and 31, 10:00 AM to 6:00 PM
  - June 5 through June 12, 10:00 AM to 6:00 PM
  - **Note:** Any applicant who submits an application the day of the test, regardless of swim finish, will be placed in the final rowing group.

Beach Patrol Headquarters

33<sup>rd</sup> & The Beach

Longport, N.J. 08403

Phone: (609) 822-3898 - Fax: (609) 823-3119

**Test:**

- 1 mile run in 7:30 or less
- Ocean swim
- Ocean row
- Ocean paddleboard

**What to Bring:**

- Sunscreen
- Water
- Running shoes and appropriate fitness clothes
- Swimsuit (no wetsuits permitted)
- Goggles are allowed
- Towel

**Note:** In the interest of following the Governor of New Jersey's regulations with respect to group gatherings, we strongly urge you to communicate to friends and family to limit the numbers of those wishing to attend.

**Preparation:**

- Boats, paddle boards, and a swim course will be available for practice between 33<sup>rd</sup> and 32<sup>nd</sup> Avenue from 3:00 PM to 5:00 PM daily beginning June 5. Please call beach patrol HQ at (609) 822-3898 to schedule a time slot for practice prior to those dates.